Personal Backpacking Equipment List

1. Back pack w/padded hip belt/belly band

2. Warm sleeping bag in water proof stuff sack bag with two web straps to

attach to pack

3. Foam pad (closed-cell) pad, or Thermarest pad with two web straps to attach

to pack

4. Ground cloth for sleeping bag - plastic 4' x 8' (Troop issues)

5. Clothing (winter; summer delete heavy clothes, add swimsuit and towel)

1 pair cotton socks

1 pair heavy wool socks

1 raincoat or rain jacket

1 long sleeve wool or flannel shirt

1 pair long pants

1 short sleeve shirt

1 suit underwear

1 pair hiking boots

1 pair warm pajamas or insulated underwear

1 heavy jacket and cap (For warmth and best packing, we recommend an

insulated vest - or wool sweater and wind breaker jacket.)

6. Mess Gear - plastic plate, sierra cup, or plastic cup/bowl, fork and spoon.

7. Toilet Kit

1 soap, motel size

1 washcloth

1 toothbrush and toothpaste

1 chap stick

1 hand towel

8. Miscellaneous Items

Small first aid kit

Pocketknife - No Fixed Blade Hunting Knives

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Water proof pack cover or large plastic trash bag Flashlight - w/new size C batteries (maximum size) Plastic Canteen (1 qt. minimum) Personal medicine Compass (optional) 25' l/8" Nylon cord (optional) Sunglasses (optional) Insect Repellant (optional) Sunscreen (optional) Bible (optional) Camera and film (optional) *Each item should be clearly labeled with scout's name!* rev. January 3, 2007